



UNLEASHED 2014

Spring 2014 Newsletter

May 15, 2014

In The News

Unleash 2014 Recap

Unleash 2014 Notes

In Every Issue

Why Vision Builder Adventures

Quote of the Week

"It is easier to build strong children than to repair broken men."

Fredrick Douglass

Go to:
www.visionbuilder.org
additional info.

Next Issue:

UNLEASH CHALLENGE PROGRAM SUMMARY

We have been running nonstop in our Unleash Challenge program:

Spring Session 2014 recap

- We went to Latta Plantation. Participated in a Civil War Re-enactment class. At the plantation we were instructed by David Clay.
- In the second week, we went SCUBA Diving/Snorkeling. The class was given by Lake Norman Scuba.(Mike Irlacher & Larry Young)
- In week three we had our Leadership Class. (H.E.R.O)
- In week four we went to MATI for Martial Arts training. At the Dojo we worked out with Chief Instructor: Shihan Hardley Soryz(7th degree black belt) & 5 other Black belts.
- We went boxing at Charlotte Sports Academy. At the Academy we worked out with Boxing Coach Tony Douglas, Krishna Wainwright and two other trainers.
- Lastly, we had an end of session review class(The Power of Choices & Excursion Review)

Unleash 2014 Notes:



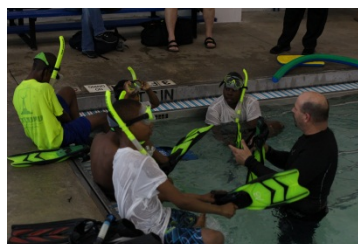
A Civil War Soldiers Experience

Our first excursion was to Latta Plantation, in Huntersville NC. We met with instructor David Clay. Mr. Clay taught on the sacrifice,

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gallantry, and horrors of a Civil War Soldiers' life. After the class the kids were drafted into the Union Army. Each kid was given a Civil war replica cap and replica Musket.

Mr. Clay then **UNLEASHED** the kids into soldiering commands and listening drills. At the end of the session each kid was awarded the Civil war replica cap.



Discover SCUBA w/Lake Norman Scuba

Our Second excursion was to the U.S. Aquatic Center, in Huntersville NC. We met with instructors Mike Irlacher and Larry Young of Lake Norman Scuba. Instructor Mike taught Snorkeling and Instructor Larry taught Scuba. After the classes the kids put on their Scuba gear, and entered the water. Mike and Larry then gave equipment instruction. Once the kids were comfortable with equipment and under water submersion. The kids were **UNLEASHED** under water. Wow! What a great time.



THE MARTIAL ARTS EXPERIENCE W/MATI

Our third excursion was to the Martial Arts Training Institute, (MATI) in Harrisburg NC. We met with the chief instructor Shihan Hardley Soryes. (Seventh Degree Black Belt) While at MATI, the kids observed 5 young Black belts demonstrating different Martial Arts techniques.

Mr. Soryes then **UNLEASHED** the kids into agility and listening drills. At the end of the session each kid was awarded a white belt with a green strip.



Charlotte Boxing Academy

Our boxing experience was a knockout. We went to The Charlotte Sports Academy. The facility was impressive. We worked out with Boxing Coach Tony Douglas & Krishna Wainright. Mr. Douglas is a former Golden Gloves Champion, Olympian and Professional boxer. Mr. Wainright fought professionally under Don King Boxing. Mr. Douglas and Mr. Wainright told the story of their lives, and spoke on Determination. After Mr. Douglas spoke, he then **UNLEASHED** the kids into some intense workouts.



Leadership 101 (H.E.R.O)

In the Leadership 101 class. The topic was based on the acronym H.E.R.O. The kids were thoroughly engaged in the class. At the end of the class the students were challenged to write about their H.E.R.O. A prize would be awarded for the “best” Hero Reports.



Session Wrap up Review/ The Power of Choice

The Excursion Wrap up review helped the kids put together what they learned on each trip.

The main topics of our last class of this session was; The Power of Choice. In the class the kids spoke and shared their views on Choices. (Good and Bad)The kids were excited to share some of their experiences.

At the end of the class, 4 H.E.R.O. Reports from the Leadership class earned Top Honors. Prizes were rewarded. The Grand Prize was a Full Suspension MTB. It was awarded to La'nija P. (pictured above)

Why Vision Builder Adventures

Most of us live in a "proverbial" box. We confine ourselves within this box for many reasons. Reasons like our social, economic, and cultural backgrounds. Within this box, we develop associations, and we do certain activities. We develop our outlook on life (good or bad) within this confinement. Because of this box, our kids many times don't rise above their environment. Our 5 Week Excursion program will help them to begin to understand; who they are? What they can do? What they can be? The program is designed to help them understand it is okay to think outside the box.

Donations always appreciated

We are continually in need of "donations" of all types and sizes. If you can help us with a donation, it would be terrific.

You can go to the website to contribute. (www.visionbuilder.org) Items can also be purchased at www.mydadsattic.com. All proceeds from the sale of Merchandise go to fund Vision builder Adventures operations.

\$3 Unleash!

Fundraising Go Bands



2014 Fundraiser

[Help us sponsor trips.](#)

In Every Issue

Upcoming events, supplemental news, and more from Vision Builder Adventures.

[Vision Builder Adventures Calendar](#)

Check the Calendar for upcoming Events

Note: Some events & date are subject to change.

May 30- July 3	Vision Builder Classes, New Bern NC Goal Setting 101 Leadership 101 Power of Choices Exploratory Career(NASA) Rocketeering The History of the American Revolution/Declaration of Independence
July 4	Excursion Tryon Palace, New Bern NC American Revolution Re-enactment and the reading of the Declaration of Independence
July 11	VBA Orientation
July 19- Aug 16	UNLEASH Summer Session begin, Charlotte NC Session ends
Oct 4- Nov1	UNLEASH Fall Session begin, Charlotte NC Session ends

Questions or comments? Contact us at www.visionbuilder.org or visionbuilder@outlook.com